

Life is alive

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It moves and whisps

inside and out of all

things between you and me

Things fall into place

Not when you want them to

But when life tells you

When time falls away

And you're just getting older still

Don't look for meaning in it all

That's just in the movies

Curtain and credits won't fall when you win or lose

The only soundtrack is the noise in your head

Life'll be the same beast as always

With beats and rythmns all its very own

Watch it take you for a ride

survival surfing on its spaztic cresting waves

Life is alive

It breathes and runs in ways you'll never know

Feel the heartbeat under the sun and in the trees

its telling you to be free

Until the day you die

Its telling you

Life is alive

## The Art of Perfection

The art of perfection  
is knowing you are not perfect  
The end of the road is only the beginning  
Nothing lasts forever  
and failure is a part of everything  
Time is always the enemy in the here and now  
You don't have to have an answer to it  
and you don't have to be finished  
We are not our things and are not what we do  
There is no self but focus and discipline  
which does not define us but shapes our character  
life is a journey which never ends  
death but a doorway into a new afterlife  
and new beginnings in rebirth  
The art of perfection isn't easy  
and there are so many stumbling blocks  
just remember its not the end result which matters  
But the journey that makes us what we are  
Life a journey which never ends  
and death is but a doorway  
to a new life and morrow.  
To be perfect is to know we are never finished  
and we are never perfect

## Time Runs Out

Watching these moments pass  
Time runs out  
Hold on to that feeling  
Stretch that sunset for awhile longer  
I don't want it to end

Why does it always end  
Tomorrow I gotta go to work  
Slave over that money  
But time is ever so present  
I don't know why  
Let me have more  
But the days pass me by  
And with each day  
I get a little bit older  
Time runs out  
Not enough of it during the day  
As daybreak falls into the evening sky  
Watch it run out  
That's just the the way of things  
The cycle of life's rules  
The cycle of time

What to do if you're looking for God

When I can no longer bear it all  
I look within  
Ride the Quiet  
Talking to God is all I have left  
Rarely does God speak in words  
But is always listening  
God is another name for that ubiquitous force  
What to do if you're looking for God?  
Look for a bird  
Look for a tree  
Look in the mirror  
Look inside your mind, body and soul  
His face looks a lot like you and me

He's everyone and everything  
To get an answer you must  
Listen to the radio  
Open a book to any page  
Hear a conversation  
Take or leave advice from a friend  
or stranger  
Look in the desert  
Look for the sea  
Or just feel that empty space inside and between you  
Breathe, be, and readily find peace

## STARS

The stars will shine  
The sun will burn out  
Watch the orbit of the Earth stop  
Movement of the planets and universe  
When the Alexandrian Galaxy collides with Milky Way  
Where will our trivial problems be  
And all the names for our mental diseases  
Staring too close to the light  
You will see it does not matter  
In the grand scheme of things  
Take it day by day  
Stare at the ocean and the crashing waves  
Go slow and do nothing for a change  
All the money in the world will never satisfy  
As we struggle to hang on  
Struggling for perfection  
Stop and look at the world  
And for a moment  
Breathe, be and meditate

Watch when the still unquiet mind goes away  
As we grow in awareness and begin....again

### Malevolent Energy

Malevolent energy pervades us all  
It wraps into our minds, spirit and essences  
Building, festering  
It seeks to conquer you  
Shields and combat only go so far  
The conflict must end somehow  
In the battle within self  
See through the illusory presence of malevolent chaos  
Its about the sickness, we seek a balance  
Our life is about the human experience  
We exist in one reality and live... as one human family  
Boundaries between good and evil are thin  
Surrender your will to the universe  
Treating malevolent energy with indifference  
As if it weren't there...at all!

Perfect Oneness of The Now

Infinite avenues and pathways, religions, and philosophy  
Rippling currents spanning the cosmic collective consciousness  
All converge on one source and one flow  
All go to sacred oneness  
We are divided only in our own minds  
Beyond the Beyond, beyond God  
No other species on Earth will do what we have done  
Killing the planet with civilization  
All that is and that ever was  
Exists right at this present moment  
Strip away the attachments and all that is left  
Is Perfect Oneness of the Now